# Patient Safety Webinar Quarter 3, 2024

Welcome. Thank you for joining us today.

We are just setting up. Please do mute yourselves while joining or during presentations. (We may mute you on entry – this is not an audio fault, and you can of course unmute yourself any time).

Please introduce yourself in the Chat Box by full name and organisation and please make use of it throughout for Q&A.



# <u>Pressure ulcers: how to safeguard adults - GOV.UK (www.gov.uk)</u>

#### Guidance released 16 Jan 2024 (England)

These documents help practitioners and managers across health and care organisations to provide caring and quick responses to people at risk of developing pressure ulcers. The guidance offers a process for the clinical management of harm removal and reduction where ulcers occur, considering if an adult safeguarding response is necessary. The guidance also outlines how the appendices should be used if a concern is raised:

appendix 1: adult safeguarding decision guide

appendix 2: body map

appendix 3: concern proforma



# POLL

How many of you are now using Purpose T?

Time	Item	Presenter(s)
13:00	Welcome and Introductions	Julia Russell, Senior Clinical and Quality Improvement Manager, Hospice UK
13.05	Medication Safety followed by Q + A Deferred to a future webinar	Angela Carrington Lead Pharmacist for Medication Safety, HSC Northern Ireland
13.30	Medication Discrepancies; 'Stand Up and Be Counted' followed by Q + A	Vicky Hill Quality Assurance Lead St Columba's Hospice
13:45	Booklet for managing meds at home	Dr Sarah Mollart Consultant in Palliative Medicine St Nicholas Hospice Care
14:00	Our PSIRF Journey! Followed by Q + A	Lesley Munro Director of Patient Care and Communities Princess Alice Hospice
14:15	Patient Safety Data	Julia Russell
14.20	Update on Short Life Working Group	Julia Russell
14:30	Summary & Close	Julia Russell



# Vicky Hill

# Quality Assurance Lead St Columba's Hospice



# Stand Up and Be Counted

**Working together to improve safety** 

Vicky Hill, Quality Lead



St Columba's

exists to give everyone who needs it the very best

**Hospice Care** 





#### **Background**

Working together to improve systems following medicine discrepancies

Routine Inpatient medicines audit over December 2022 identified medication issues and complicated medicine management with an increase in reported medicine incidents.

A similar situation occurred in 2017 resulted in increased staff anxiety.

Outcome was improved governance for zopiclone (log balance and stock register).



# We set out to-Create Empower Sustain

- Create systems to support staff in delivering safe and effective care
  - Joint working RNs, Pharmacy, QA and Managers
  - Forums for discussion and decisions rther development of established log system
  - Increased support
- **Empower** staff to learn from incidents and to be an active part of developing a positive safety culture with an open and honest reporting system so that trends and improvements can be implemented
- Sustain safety and improvements in day-to-day practice



#### What we did

Nov-Dec 2022	Meetings identified 3 workflows -Schedule 3-5 governance arrangements -Patients own medicine processes -Improved staff induction			
Jan-Mar 2023	Sub-group proposals planning			
Mar 2023	Implementation of the only staff suggestion -enhanced governance for schedule 3-5 medicines (log and register- extending existing system for zopiclone)			
July 2023	Feedback requested			
October 2023	Author reflections			
December 2023	Feedback requested			

Name:	(Complete a separate log for much conficient and strength if more than one in user)  Affix label			
Medicine prescribed:	Medicine Name		Strength	
POD	Quantity receives from (please tick): Stock	Date received	Signature	
Date	Quantity given	Quantity remaining	Nurses Signature	



#### **Results**

Month	Nos reported	Details
Mar 23	1	Stock entered incorrectly
April 23	0	-
May 23	4	Not identifying medicine for log Lorazepam 1 tab discrepancy Diazepam 1 tab discrepancy Pregabalin 1 tab discrepancy
Jun 23	1	Pregabalin 1 tab discrepancy
July 23	2	Gabapentin appeared to be full box but not Diazepam 1 tab discrepancy
Aug 23	0	-
Sept 23	1	Pregabalin 1 tab discrepancy
Oct 23	1	Pregabalin 1 tab discrepancy
Nov 23	3	Pregabalin 1 tab (2 occasions) discrepancy Pregabalin strength recording error
Dec 23	0	-
Jan 23	0	-
Total	13	

#### **Key Questions:**

Increased incidents- are we more or less safe?

How does this relate to audits prior to 2023?

Reason?



#### **Empower**

Feedback at RN Meeting 2022-23

Feedback August 2023

Feedback December 2023

We don't feel trusted

Good attendance at meeting 1 and 2 but decreased significantly Jan-Mar with one RN attending

No response to email asking for feedback

Poster in team room- anon feedback



Do you think the new systems are safer? "I don't think they were ever unsafe"

Did you feel that you were heard?
"heard but not listened to."

Is there anything you think we could change?
"Listen to nursing staff", "Less bureaucracy"
"Actively encourage no interruptions."
How did it feel to be part of the group?
NOT ANSWERED

Proposal: Remove logs, move to registers and dispense from drug room

"Logs are confusingespecially if multiple doses of pregabalin or gabapentin"

"move to the drug room-Concern re nurses waiting to dispense adding delays and make the drug room busier.

"return to the drug room would allow greater concentration. It can be distracting when dispensing any drugs in a busy bay/room even when wearing aprons"

> 9 staff

I would support the move to the drug room for administration from register

More positive feedback and engagement







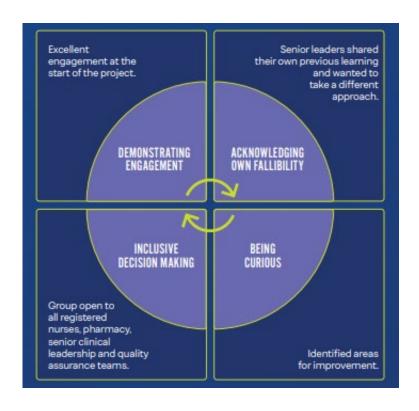
#### **Empower**





#### **Psychological Safety**

#### **Creating a Culture for Openness, Transparency and Improvement**

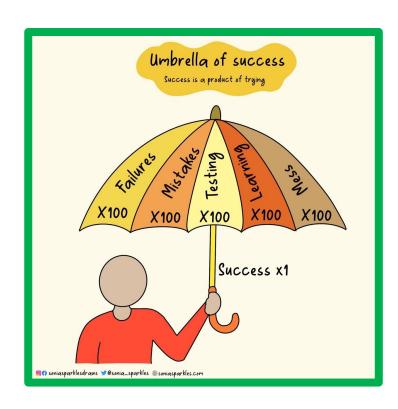




#### Success?

- Did we increase engagement?
- Did we work together?
- Did we improve safety?

"Success is a product of trying"





# Thank you

Vicky Hill (Quality Lead)
Orlagh Sheils (Quality Facilitator)
Gail Riding (Charge Nurse IPU)
Fiona Milne (Pharmacist)
Dot Partington (Deputy CEO)

#### **Contact details**

For more information contact: qualityassuranceteam@stcolumbashospice.org.uk

# Dr Sarah Mollart Consultant in Palliative Medicine St Nicholas Hospice Care

# Family-administered 'Just in Case' medications - the Suffolk process

#### **Dr Sarah Mollart**

Palliative Medicine Consultant, St Nicholas Hospice Care and West Suffolk Hospital

# Background



- Throughout the UK, and other countries (e.g. Australia), it is common practice for family members (lay carers) to be trained to administer subcut end of life injections as needed, for people in their own homes
- Usually, the injections are given via a SC cannula/port (though injections via SC needle are also possible)
- This can provide more rapid symptom control, compared to when this task is solely delegated to community nursing teams
- This is not suitable for every patient/family situation
- But when chosen appropriately, family carers value the role and can feel empowerment, pride, achievement – rather than helplessness
- The Suffolk policy and practice documents to support this were ratified and launched in May 2020
- Easy-to-use paperwork prompted collaboration with the other hospice-region in our ICB (Suffolk and North East Essex) in 2023

# Families Administering Medications at EOL at home:

The use of a single card booklet to house every necessary document. Simplifying and streamlining care through sensible stationery.

Mollart S 1, Keighley A 2, Jacobs D 1

1 St Nicholas Hospice Care, Bury St Edmunds Suffolk, England, 2 West Suffolk NHS Foundation Trust, Bury St Edmunds Suffolk, England

In many areas of the UK, family and other lay carers are being offered training to give subcutaneous medications at the end of life, to support good symptom control for adult patients dying at home. There is growing evidence that this is safe and effective, that it provides good symptom control for those who die at home, and equips family carers to feel more empowered.

There is no single UK programme – a variety of different programmes are used, in different geographical regions. Most programmes comprise multiple documents: policies, checklists, flow charts, risk assessments, consent forms, information leaflets, instructions/training competencies, and medication administration charts.



For the Suffolk FAM programme (Families Administering Medications), apart from a single underpinning policy document (for use by healthcare professionals), everything else is in a single bocklet, containing all the paperwork both staff and families will need. The writing of the original version of this was supported by an MDT and lay volunteers. Everything is written in a user-triendly style, and is all held together in one place: a card, A4 booklet. This ensures no part of the process gets missed or lost, and all key documentation remains accessible to family carers and professionals, at all times. Families have their competencies documented in the booklet, for ease of repeated review of the administration process. They then use this same booklet to document their administration of each medication.

All booklets contain family and staff feedback forms, which come with prepaid envelopes. Evaluation of feedback received so far has been very positive about the booklet, which is described as being very clear. Evaluation also allowed real-time feedback about useful edits for needed for version 2, which were able to be rapidly incorporated.



The FAM programme was initially agreed for the county of Suffolk, but presentation of the process to the newly-formed Suffolk and NE Essex IOB in 2022 was very positively received, with North East Essex staff prefering the streamlined Suffolk booklet to their own documentation. This led to the appetite for vital collaboration, with the combination of the processes across the two areas, as a new IOB-wide process is

agreed (this version is currently in progress, and expected to be finalised in late 2023). The wider reach of the process will benefit patients and families (particularly those in border areas within the IOB), and enable the pooling of resources for implementation of the process, to maximise those to whom it is made available. The authors are also exploring collaboration with another neighbouring IOB. "Overall, the experience was wonderful. It gare us some kind of control over what we were going through, and what mum was going through. And, a certain amount of control over the pain. We fell we were active in trying to help her. It took eway the paric, and the stream, of celling out a nurse, and not knowing when they could gine morphine before the cerers visited so it had time to work. It really, really helped us, I cen't even say how much it helped us.

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Staff felt that the paperwork was very clear and comprehensive, and that the training session they'd attended left them feeling well-equipped because you matter

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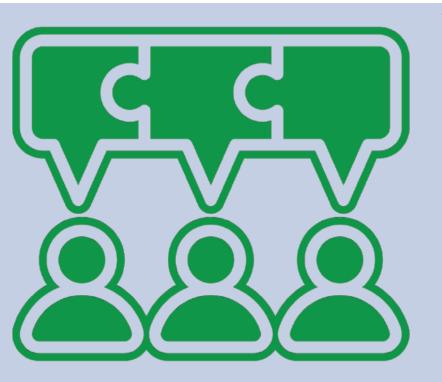
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NHS	Record of subcutaneous injection administration – medication 1  Medication details are completed by the prescriber OR if the medication and dose are clearly documenced effective by a prescriber, they can be transcribed once here by another clinician Medication.  Morry CINE
	Reason for
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	Done or referral in past
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## Progress elsewhere in UK - Wales



#### The CARiAD package

CARer-ADministration of as-needed subcutaneous medication for common breakthrough symptoms in home-based dying people in Wales

The CARIAD package supports willing and able lay carers to administer needle-less as-needed subcutaneous medication for common breakthrough symptoms in the last days of life in people who wish to be at home when they die.

These symptoms are pain, nausea/vomiting, restlessness/agitation, noisy breathing/rattle and breathlessness.

For the purposes of this package, the term 'lay carers' refers to family members or friends or other lay carers looking after their loved one at home, and who are not paid to do this work. It includes healthcare professionals acting in the lay carer role for a loved one.

$\pm$	CARIAD	Patient and	carer inf	formation s	heet (	(PDF	, 808Kb)
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Lack CARIAD A guide for carers - insert (PDF, 215Kb)

Lack CARiAD Process Flowchart May 2020 (PDF, 339Kb)

Lack CARiAD Instruction Sheets (Ampoule) (PDF, 1.2Mb)

Lack CARiAD Instruction Sheets (No Needle) (PDF, 1.4Mb)

Lack CARiAD Competency Checklist (PDF, 308Kb)

Lack CARiAD Information for prescribers (PDF, 372Kb)

Lack CARiAD Risk Assessment (PDF, 739Kb)

Lack CARiAD Structured debrief for carers (PDF, 300Kb)

Lack CARIAD A guide for carers (PDF, 2.2Mb)

**Language 1** CARiAD for Covid-19 policy v1.0 20 March 2020 (*PDF*, 939Kb)

Lack CARIAD Injection training pack (PDF, 391Kb)

Lack CARiAD Instruction Sheets (Blunt Needle) (PDF, 1.5Mb)

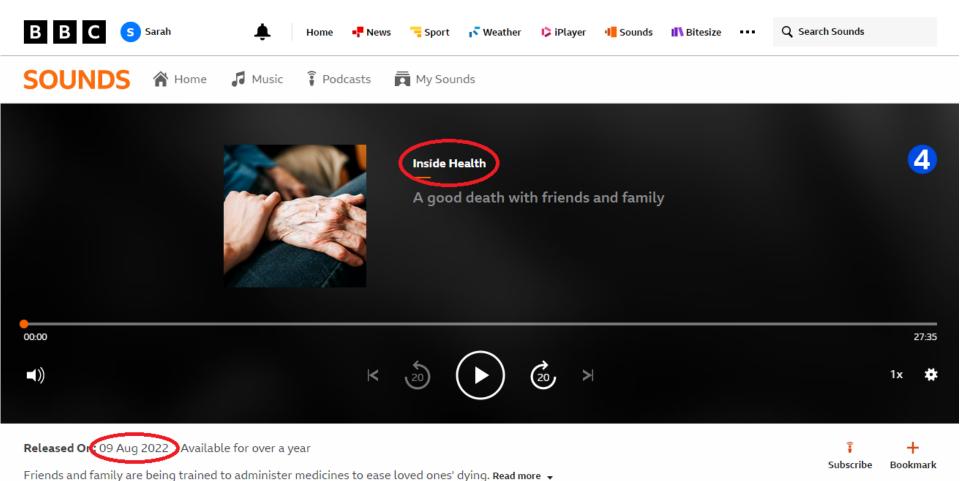
Lack CARiAD Case Review Sheet May 2020 (PDF, 225Kb)

Lack CARIAD Carer Diary Intervention (PDF, 1.5Mb)

Lack CARiAD Process Checklist May 2020 (PDF, 329Kb)

## Radio recommendation:





# Survey of the meeting:



#### In your personal lives:

- 1. If you were very closely involved in the care of a friend or family member in their last days at home, would you want to be *offered* training to administer injections (via a port)? (Raise your hand for yes.)
- 2. Would you consider having the training and sign off, to allow you to give injections if needed? (Raise your hand for yes.)

#### In your professional lives:

3. Has anyone here ever been involved in offering this training to families? (Raise your hand for yes.)

## **Conclusions**



- Family-administered SC injections can make a huge positive impact on the care of patients dying in their own homes – for both the patients and families
- However, despite over three years since the launch in Suffolk, numbers of cases where this is used are still small
- Improving familiarity with the process in primary care and hospice is the key to widening access

# Questions

sarah.mollart@stnh.org.uk

# Lesley Munro, Jo Reynolds

Princess Alice Hospice

# Patient Safety Incident Response Framework -Princess Alice Hospice

Jo Reynolds
Practice & Quality Lead
Lesley Munro
Director of Patient Care & Communities

#### Who are we?



For Compassion. For People.

- Princess Alice Hospice
- Esher, Surrey
- Inpatient Unit
- Hospice at Home
- Wellbeing Service
- Bereavement Services



 Provide services across 2 ICBs: South West London and Surrey Heartlands

### Our timeline: August 2022



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- PSIRF launches
- Initial thoughts:



- 2 month reading and trying to understand what it actually was! Also, speaking to our ICBs and reading supporting documents
- Deciding to take it to our board subcommittee as:
  - We have an NHS contract
  - It was the right thing to do! Potential for brilliant learning and changing how we do things

#### Our timeline: October 2022



- Take PSIRF to our board subcommittee (CCQA)
- Overwhelming support to adopt, acknowledging
  - This will change how we review incidents
  - This will change how we provide oversight
  - The Quality and Assurance team will lead on the development of the plan
  - There needs to be executive support
  - There needs to be buy in from all the clinical leads
  - The approach around Just Culture is of real value
- Rejig of staffing in the Quality Team (no extra time, but moved some other roles and responsibilities to allow for some dedicated time).

### Scoping and training:



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- 2 Year Data Review: Looking an incident reports, Safeguarding submissions, Complaints.
  - No real surprises Pressure Ulcers, Falls and Medication Incidents
- Scoping meetings: IPU team, H@H team, Clinical Leads
  - Learning not necessarily related to harm
  - Incident review process is laborious and sometimes slow
  - Need more work to embed 'Just Culture'
- Roles identified: Executive lead, investigation leads, family liason.
- Identified training for these individuals
  - ICB: Systems approach to learning from patient incidents (trainer led on Teams from external provide and self led on HSIB)
  - ICB: Patient and family involvement training.
  - Arranged our own Oversight training for us and other hospice leads.
  - Training budget identified from Education

### Lightbulb moments!

Princess Alice Hospice

For Compassion. For People.

- Benefits of Swarm Huddles: In our case post falls to help investigate and mitigate
- SEIPS approach when reviewing incidents
- Moving away from rating of harm.
   Instead consider potential for learning and likelihood for reoccurrence
- Patient Safety Partners thinking about they can be incorporated into our approach to add value



#### Development of our draft plan

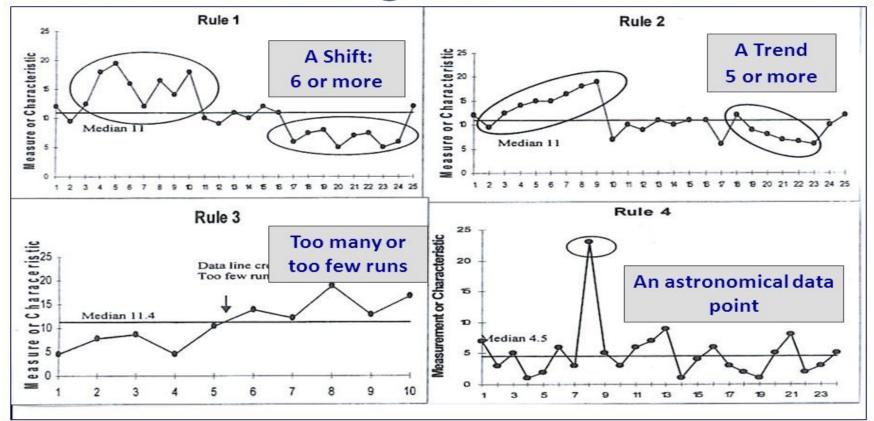


For Compassion. For People.

- Falls: Swarm huddles after each event to mitigate risk. Pull themes of falls for thematic analysis
- All incidents will continue to have a baseline assessment. Streamlined templates on Vantage to reduce reporter and investigation burden.
- Where incidents (pressure ulcers and medication incidents) are identified as having the potential for further learning or risk of a high risk of re-occurrence, to complete a PSII / MDT review / after action review
  - Choice will be made by 3 leads who have had learning response training
- Recruit a patient safety partner. They will review draft incident responses before being finalized to add another public perspective
  - Keeping an open mind about how patient safety partners can support as a new and evolving role for many organisations
- Some Patient Safety Syllabus modules on e-learning for health will become part of mandatory training.
- Adding patient safety into the new staff inductions to help embed just culture
- More open sharing post incidents reports available to read. Video summaries for staff who cannot attend post incident sharing meetings.

# Patient Safety Incident Data self-reported by Adult Hospices

#### Non-Random Signals on Run Charts



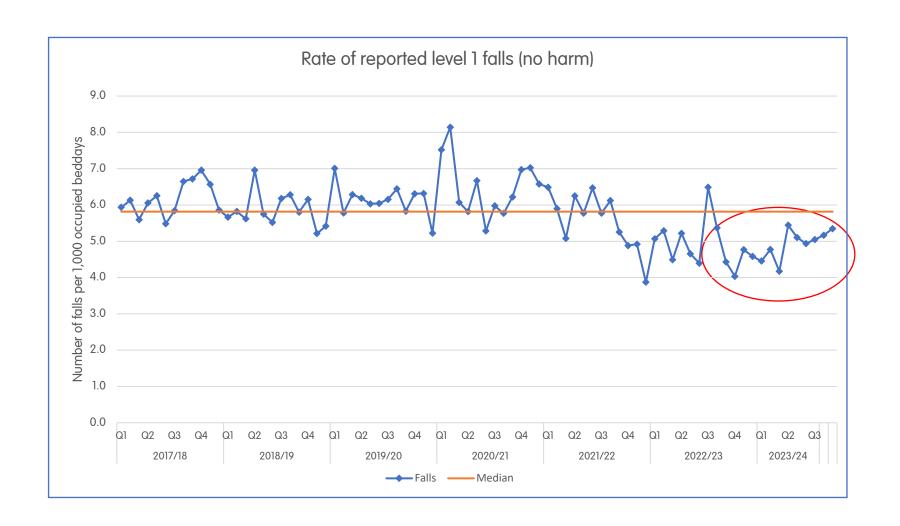
Evidence of a non-random signal if one or more of the circumstances depicted by these four rules are on the run chart. The first three rules are violations of random patterns and are based on a probability of less than 5% chance of occurring just by chance with no change.

The Data Guide, p 3-11



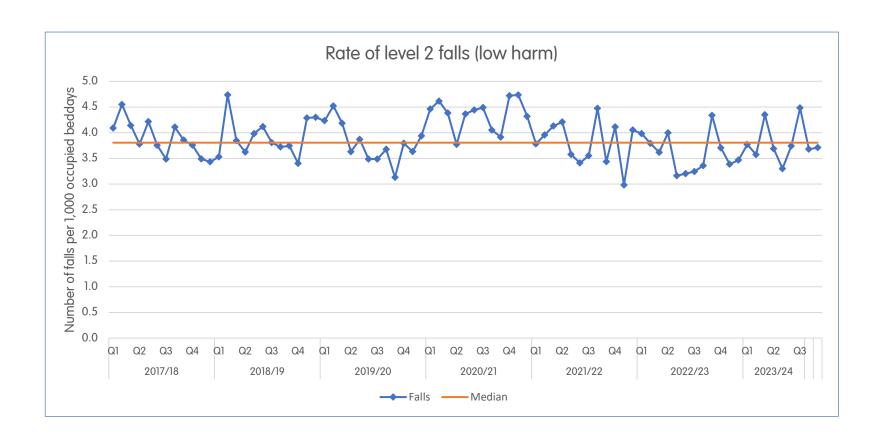
### FALLS

#### Level 1 falls over time



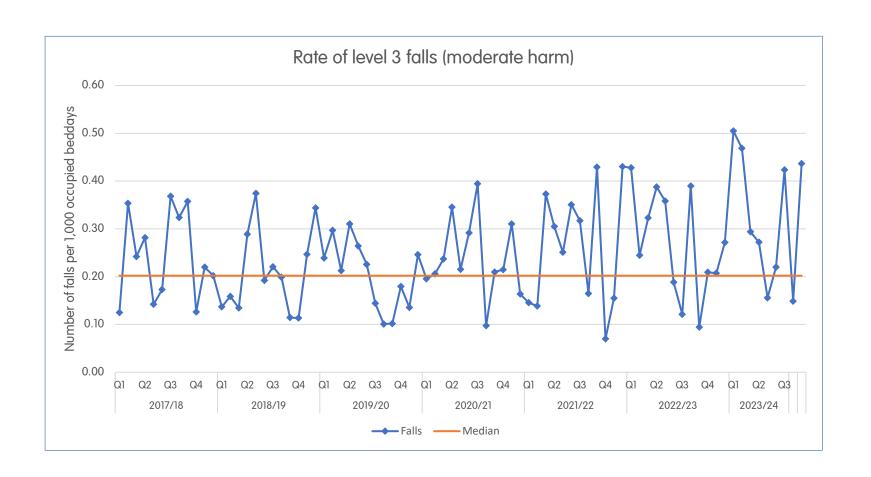


#### Level 2 falls (low harm) over time



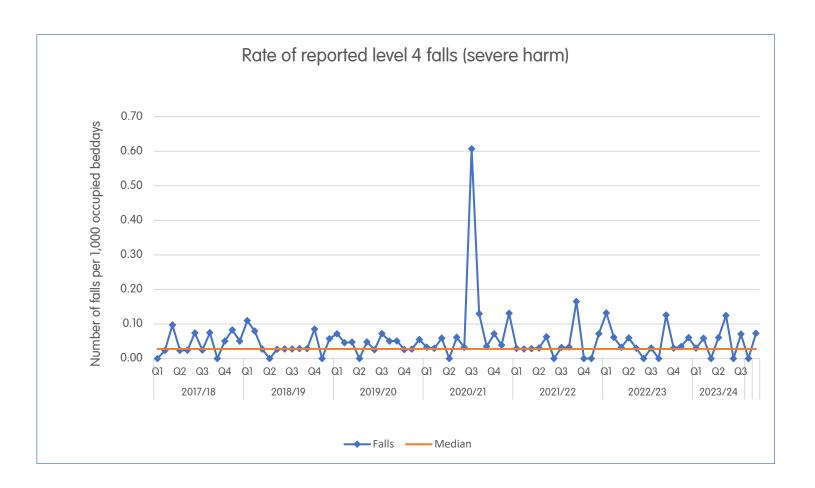


### Level 3 falls (moderate harm) over time



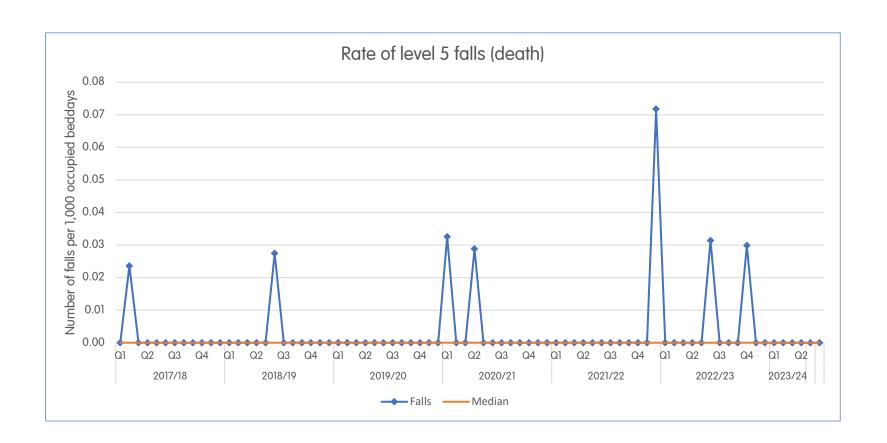


#### Level 4 (severe harm) falls over time





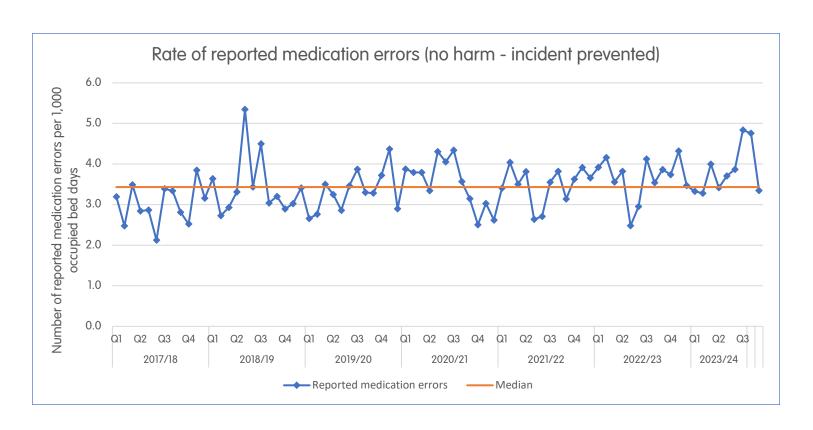
#### Level 5 (death) falls over falls over time





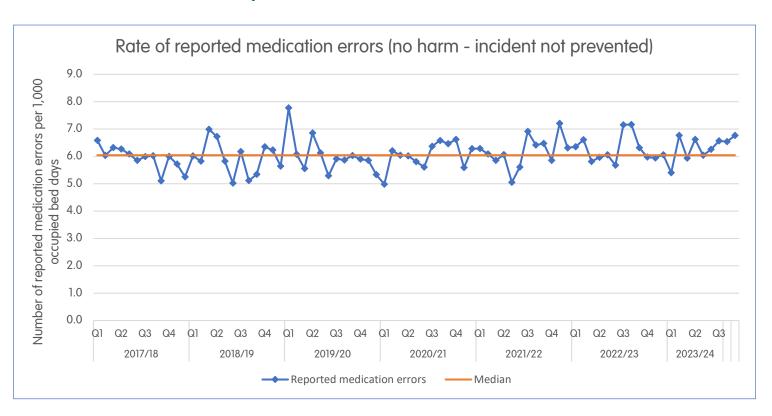
### **MEDICATION**

### Rate of medication incidents; no harm – incident prevented (adults)



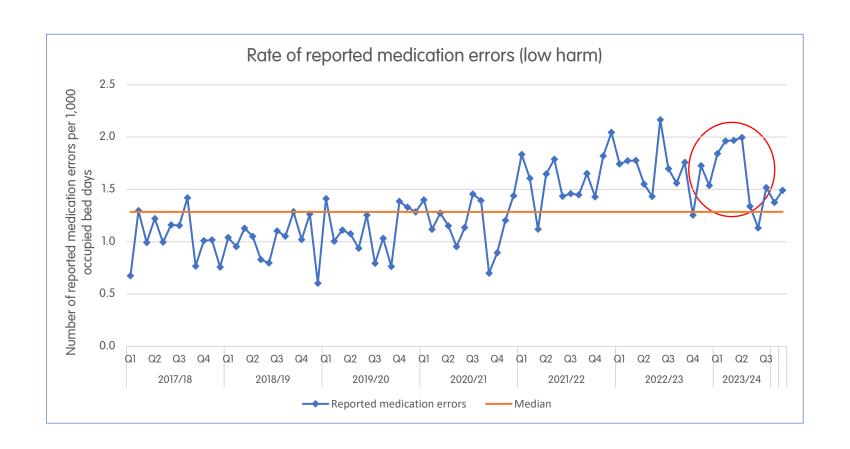


### Rate of medication incidents; no harm (incident not prevented)



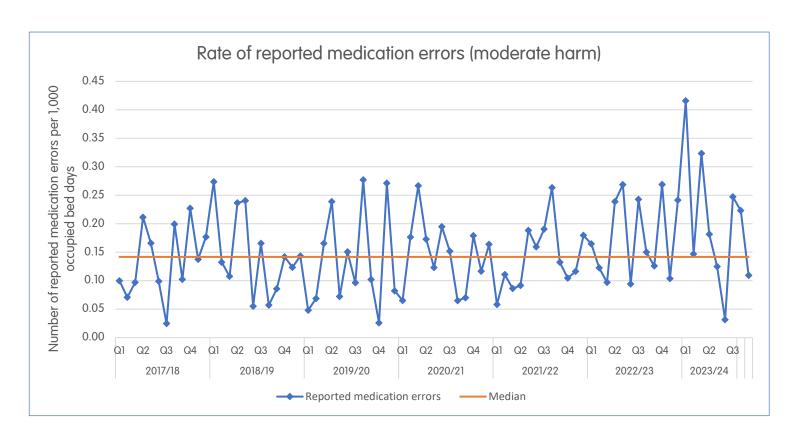


#### Rate of medication incidents; low harm



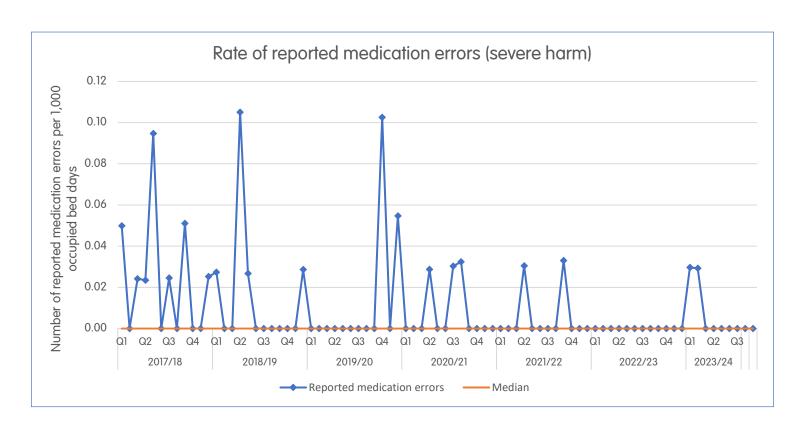


### Rate of medication incidents; moderate harm



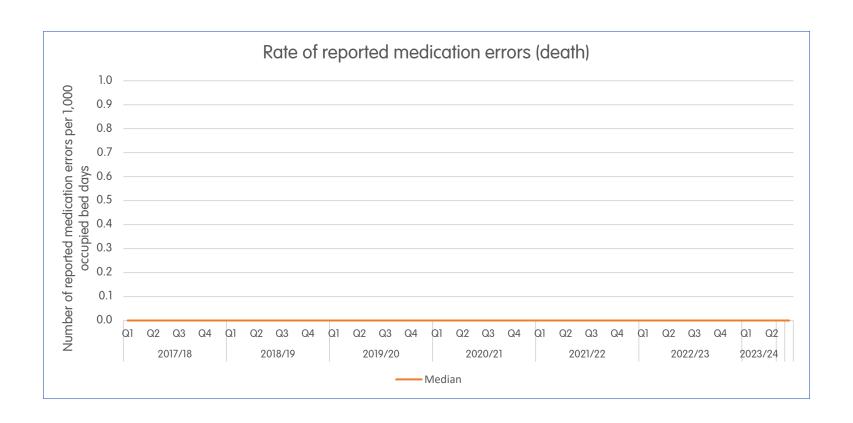


### Rate of medication incidents; severe harm





#### Rate of medication incidents; death

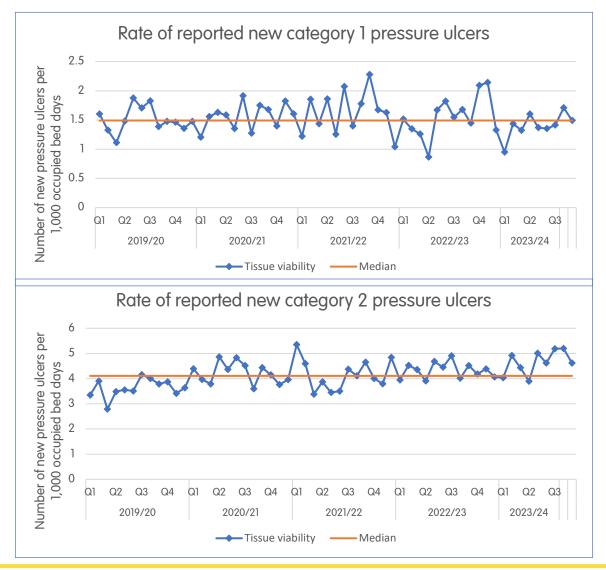




#### TISSUE VIABILITY

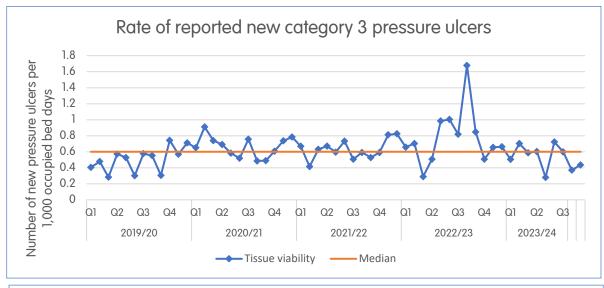
### New Pressure Ulcers

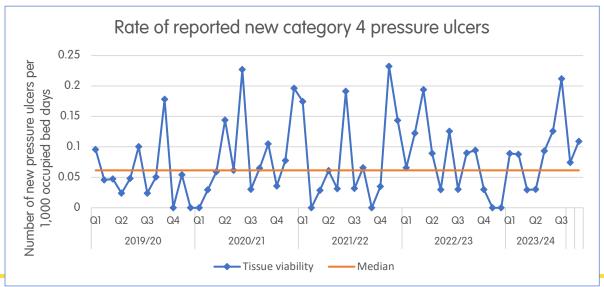
#### Rate of new Cat 1 & Cat 2 Pressure ulcers





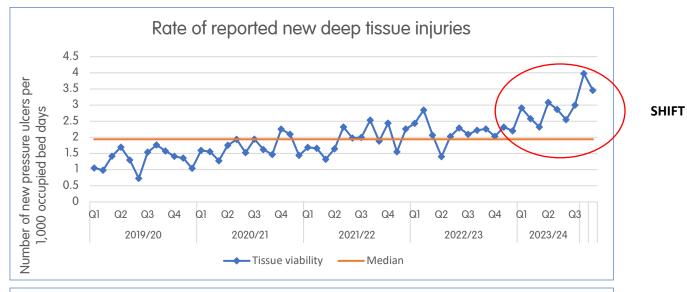
#### Rate of new Cat 3 & Cat 4 Pressure ulcers

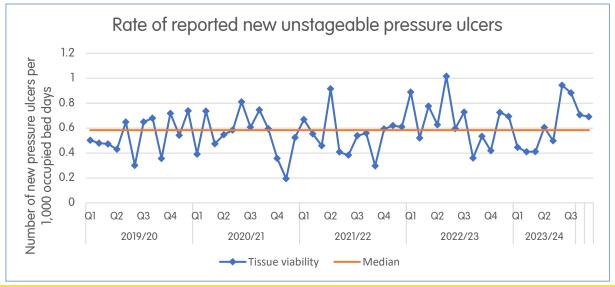






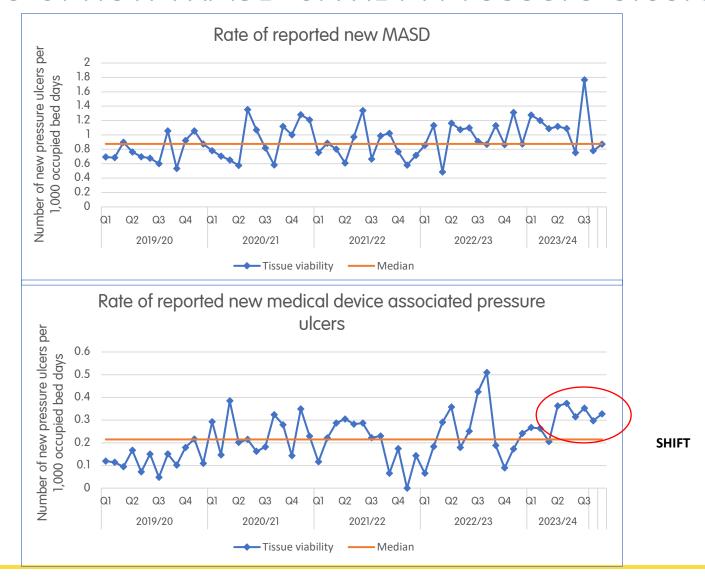
#### Rate of new DTI's & US Pressure ulcers







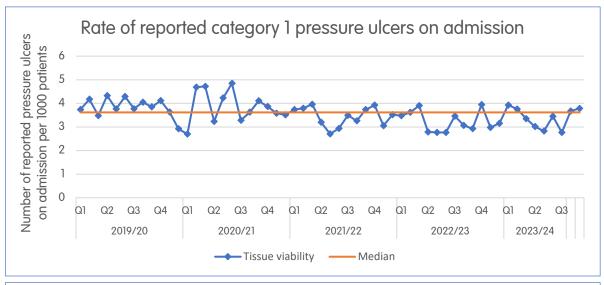
#### Rate of new MASD & MDA Pressure ulcers

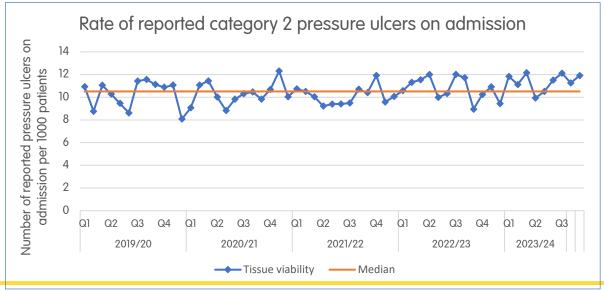




## Pressure Ulcers on Admission

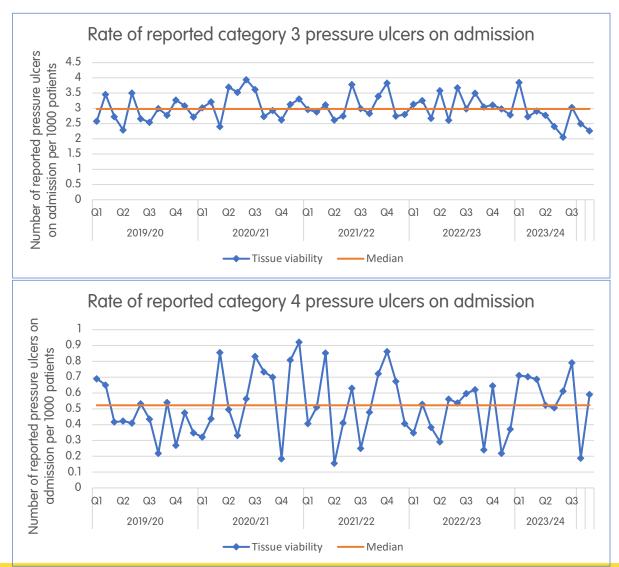
#### Rate of Cat 1 & Cat 2 Pressure ulcers





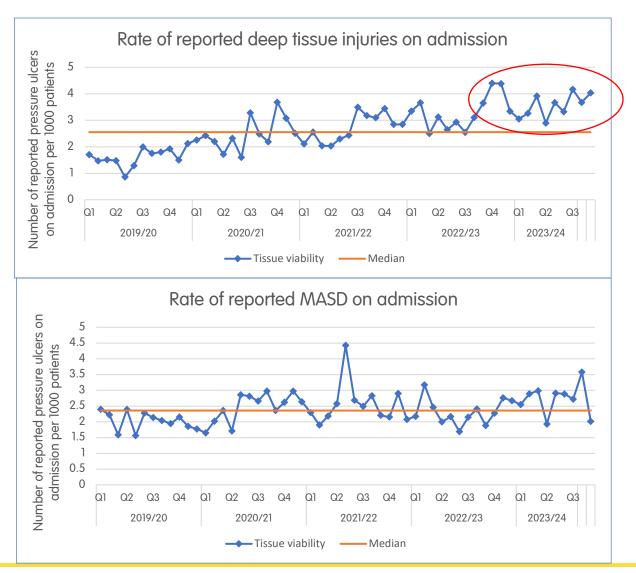


#### Rate of Cat 3 & Cat 4 Pressure ulcers



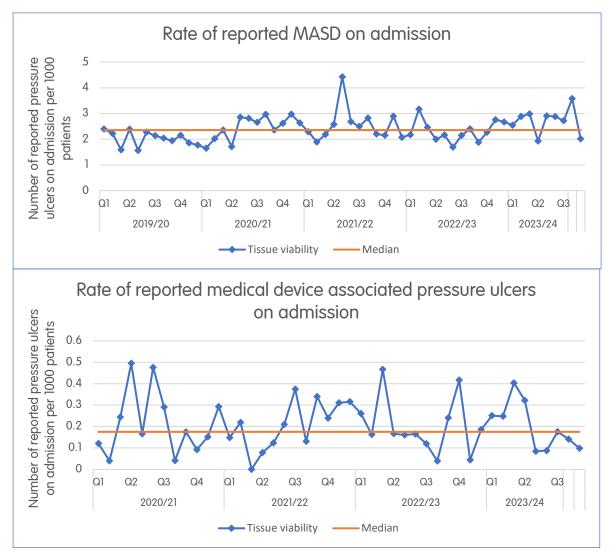


#### Rate of DTI & US Pressure ulcers





#### Rate of MASD & MDA Pressure ulcers





### PSIRF TEAMS CHANNEL Please contact Julia if you'd like to join.

RESOLVE training resources Outcome Measures

Hull and York Medical School <u>Access RESOLVE training</u> resources | Hull York Medical School (hyms.ac.uk)



### Are you a hospice based in London working towards adopting PSIRF?

https://www.eventbrite.co.uk/e/819925147187?aff=oddtdtcreator

Join Health Innovation Network South London (HIN), Imperial College Health Partners & UCLPartners for an online Pan-London event dedicated to hospices transitioning to and embedding the Patient Safety Incident Response Framework (PSIRF).

This event aims to provide valuable insights and guidance on implementing the principles of PSIRF to enhance patient safety in hospice settings. Learn from experts in the field, share experiences, and connect with fellow professionals passionate about patient safety in hospices



Please find the link to the report here which was published on the 15th November for your information. Including Safety Observation O/2023/005:

Palliative care providers can improve patient safety by reviewing their ambulatory infusion pumps checks to determine whether they are in line with the Palliative Care Formulary guidance and the minimum expectations of NHS England

https://www.hssib.org.uk/patient-safety-investigations/risks-to-medication-delivery-using-ambulatory-infusion-pumps/investigation-report/



### Raising the Bar: Leading in Quality and Safety

A one-day conference looking at the hospice workforce, with a focus on delivering the best possible, high-quality care for patients and their families whilst recognising the wellbeing of all staff.

Thursday 18 April 2024, The Grand Hotel, Leicester

Clinical and HR Leaders Conference | Hospice UK



### Patient Safety in Hospices (healthcareconferencesuk.co.uk)

Friday 7<sup>th</sup> June 2024

This conference focuses on improving safety for hospice patients.

The day will highlight best practice in improving safety in hospices, highlight new developments such as the implications of the new Patient Safety Incident Response Framework (PSIRF), and the new CQC Inspection Framework, and will focus on key clinical safety areas such as falls prevention, medication safety, reduction and management of pressure ulcers, nutrition and hydration, improving the response and investigation of incidents, preparing for onsite inspections and developing a compassionate culture in hospices



### Managing and Reducing Medication Errors – online conference, 24 April 2024

Find out more and register



### Next Meeting: 16 May

Please get in touch if you would like the opportunity to present or would like to suggest guests to join us.

#### FEEDBACK!

Please take our 3-minute survey to help us make our webinars deliver for you:

https://www.surveymonkey.com/r/PS 20 Feb 2024



#### https://www.hospiceuk.org/innovation-hub/clinical-caresupport/quality-improvement/patient-safety

Quarter	Months	Submission deadline	Final reports circulated
Q1	Apr, May, Jun	14 July 2023	28 July 2023
Q2	Jul, Aug, Sep	13 Oct 2023	27 Oct 2023
Q3	Oct, Nov, Dec	12 Jan 2024	26 Jan 2024
Q4	Jan, Feb, Mar	12 Apr 2024	26 April 2024

#### request a copy of the submission links:

https://www.hospiceuk.org/professionals/clinical-and-caresupport/quality-improvement/patient-safety-project/requestsubmission-links



### Thank you